C6 - Low 2-1-Point Shot – Regroup - 3-1 – Pro

Key Points:

Defender take away the tip in at the far post and control the dangerous stick on the rebound. Goalie fight to see the puck through the screen.

F1-F2-D2 attack 3-1 with a middle lane drive. If they attack with a offensive triangle then defender stay in the middle and pressure a trailer pass.

Description:

1. F1-F2 attack 2-1 vs. D1 from the corners.

2. When the puck is out of play D2 shoot while D1 battles F1-F2 in front.

3. Coach spot a puck inside far zone and D2 regroup with F1-F2.

4. F1-F2-D2 attack 3-1 vs. D1.

5. Repeat at the other end with F3-F4-D3-D4.

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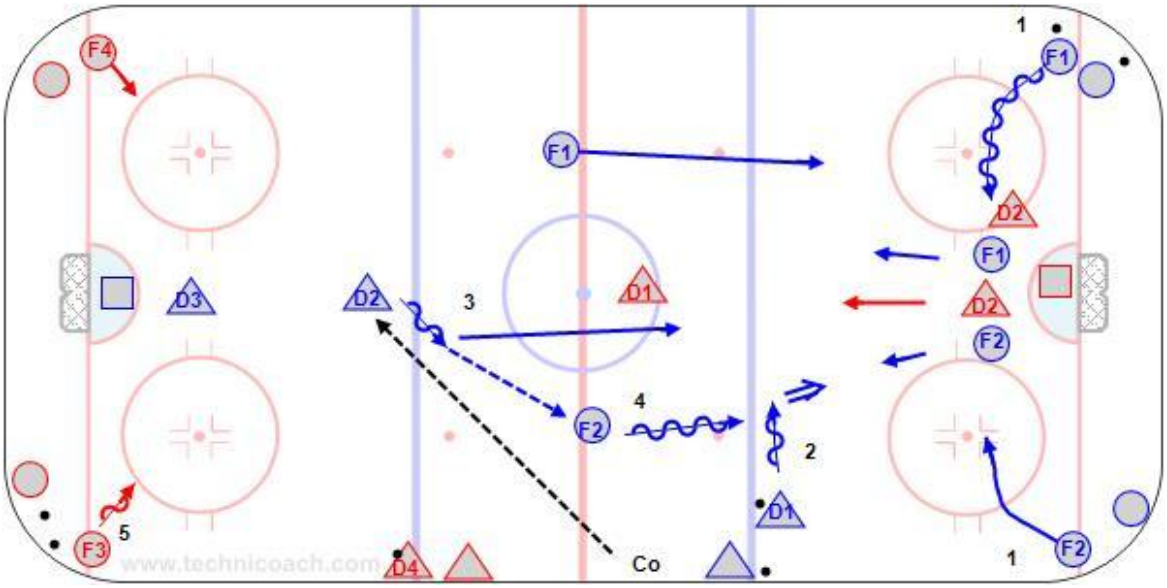
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