

## C2 Team Play Passing Warm up

### **Key Points:**

Face the puck and pass on the forechand.

### **Description:**

1. One then two then three then four then five players leave, one touch in the ozone, shoot, rebound.
2. Next sequence is 5-4-3-2-1 leave the other way.
3. All players make one pass in each zone.
4. In nzone skate figure 8's while facing the puck and making forehand passes.

